

ADTS PHYSICAL ADDRESS:

Republic of Rwanda, City of Kigali,
Nyarugenge District, Muhima Sector,
Kabeza Cell, Ingenzi Village

PERSONS TO CONTACT

KAYIREBE Esperance,
President of the Board of directors,
Tel: + 250788858468,
E-mail: esperancek@yahoo.fr

Tel: + 250788308255
E-mail: adtsrwanda@yahoo.fr
Website: www.adtsrwanda.org
Facebook page: ADTS Rwanda

NIYONSENGA Chrissérie
Executive Director, ADTS
Tel: +250788605493
Email: niyochrisserie1973@gmail.com
niyochrisserie@yahoo.fr



ADTS

Association pour le Développement et la Transformation Sociale

B.P. 6328 Kigali, Tél: 0788308255, E-mail: adtsrwanda@yahoo.fr / www.adtsrwanda.org

RINDA, ONGERERA UBUSHOBOZI KANDI KORERA UBUVUGIZI
ABANGAVU BAZIRE IHOHOTERWA IRYO ARIRYO RYOSE.



Ihohoterwa rishingiye ku gitsina (GBV) ribangamira umutekano n’ejo hazaza h’abakobwa b’abangavu. Abangavu bahuye n’ihohoterwa rishingiye ku gitsina benshi bagaragaza ibi bimenyetso bikurikira:



Ihohoterwa ni iki?

Ihohoterwa ni igikorwa icyo ari cyo cyose kibabaza umuntu kiganisha cyangwa gishobora kuganisha ku bugiranabi bukorewe ku mubiri, ku gitsina, ku by’umutungo no ku mutima.

Ihohoterwa rishingiye ku gitsina ni iki?

Ihohoterwa rishingiye ku gitsina (GBV) bivuga ibikorwa byangiza abantu bishingiye ku gitsina cyabo. Iri hohoterwa kandi rishingira ku busumbane bw’imbaraga, ubushobozi ndetse n’ivangura.

AMOKO Y’IHOHOTERWA RISHINGIYE KU GITSINA:



GIRA ICYO UKORA

Umukobwa w’umwangavu wese akwiye ubuzima butarangwamo ihohoterwa, aho ashobora gutekereza neza ku iterambere rye ndetse n’iry’igihugu muri rusange. Dufatanyirije hamwe dufashe abakobwa b’abangavu:

Tubongerera ubushobozi: Tubugishe uburenganzira bwabo bamenye kuvuga OYA igihe ari ngombwa kandi bazamure ijwi ryabo mu guharanira uburenganzira bwabo. Tubigishe imyuga n’ubumenyi ngiro babash gukura amaboko mu mufuka bakore imishinga ibateza imbere mu buzimasa bwabo bwa buri muni.

Tubafashe: Gushyiraho urubuga rwo gusangira amakuru ndetse no gufashanya bo ubwabo babashe gufata ubuzima bwabo mu biganza byabo

Dutange amakuru: Dufatanyije nabo dutangire amakuru ku gihe ku babishinzwe kugiras ngo hafashwe uwahuye n’ihohoterwa.

Dukore ubuvugizi: Duhuze imbaraga turwanye ihohoterwa rikorerwa abangavu twimakaza umuco w’uburinganire n’ubwuzuzanye.